



**MORNINGS
EVERY TUESDAY
9:30 – 11:30AM**

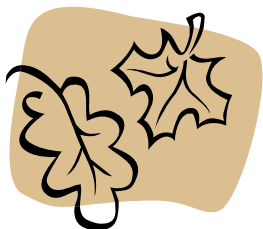
Y CENTER-STUART EVENT ROOM
(1000 North Main Street)

"Mornings" meets weekly to bring Internationals and Americans together for friendship, information, education, support, and service. All are welcome! Onsite childcare provided.

PROGRAM SCHEDULE OCTOBER TO DECEMBER 2009

OCTOBER

- 6 **Bring Your Questions!** Do you have questions about medical care? Do you have questions about the school system and daycare? We will discuss these topics and many more.
- 13 **Sustainability.** Learn about Blacksburg's Sustainability Week (<http://www.sustainableblacksburg.org>) and what you can do to make the environment a better place.



- 20 **Learn an American Song.** Barbara and Inessa will lead us in singing traditional American Songs. Lyrics will be provided.
- 27 **Pumpkins.** Come paint and carve pumpkins. We will discuss the legend and folklore that surrounds Halloween.

NOVEMBER

- 3 **Tea in an American Home.** We will travel in small groups to local homes. We will share tea and stories about our culture.
- 10 **Volunteerism.** We will discuss the role of volunteers in our community. You will learn about different opportunities to become involved in the community as a volunteer.
- 17 **Pot Luck. We will meet at 10:30AM.** Bring your family (children, husbands, and friends) and a dish to share. Enjoy a meal with one another as we share in friendship.
- 24 **No Meeting.** Enjoy this time with family and friends.



DECEMBER

- 1 **Origami.** We will learn how to make several pieces of origami. We will also discuss the history and tradition that surrounds this art form.
- 8 **Dance.** We will spend the morning learning dances. Be prepared to share a dance from your culture.
- 15 **Christmas Around the World.** Come share your holiday traditions with the group. We will discuss how different cultures celebrate this time of year.



The YMCA at Virginia Tech: Building community through learning, leadership and service.

For more information contact Aliana Havrilla

Phone: 961-9622

Email: aliana@vtymca.org

Online: www.vtymca.org



English Conversation Classes

These weekly classes are for Internationals who want to learn English or improve their English language skills. Besides having conversations on diverse topics, simple writing tasks, pronunciation and grammar will also be taught.

Classes Meet in Blacksburg

Tuesdays 6:30-7:30PM

Oasis International Food Market
1411 South Main Street
Instructor: Courtney Grohs (simoncm@vt.edu)

Wednesdays 2-3PM

Shawnee Apartments – Community Room
1222 University City Boulevard
Children are welcome! Child care provided.
Instructor: Bonnie Vanderberg

Thursdays 10:00 a.m. to 11:30AM

Y Center
1000 North Main Street
Children are welcome! Child care provided.
Instructor: Vincent D'Amico (vdamico@vt.edu) and Sally Bull (singingblueyes@gmail.com)

For more information on any of the above classes please contact Aliana Havrilla at aliana@vtymca.org or by phone at 540-961-9622.