

**2009 State Agency Wellness Conference**  
***Moving Agencies into Action***  
**October 12 & 13, 2009**  
**Commons Center**  
**JJ Pickle Research Campus**  
**Austin, Texas**  
**TENTATIVE CONFERENCE PROGRAM**

**CONFERENCE HIGHLIGHTS:**

Conference attendees will take part in plenary, concurrent and networking sessions. Lunch will be provided on October 13<sup>th</sup> for all registered attendees. Refreshments will be provided at the 2009 Worksite Wellness Promising Practices Awards Ceremony and Reception, on the morning of October 13<sup>th</sup>, and during the afternoon break.

**October 12, 2009**

**Opening Plenary Session**

12:30 – 12:45 pm	<b>Welcome and Opening Remarks</b>	<b>Room 1.102</b>
12:45 – 1:15 pm	<b>State Agency Leadership Perspectives On Worksite Wellness</b> Rolando Garza Deputy Exec. Commissioner for System Support Services, HHS Enterprise	<b>Room 1.102</b>
1:15 – 2:15 pm	<b>Texas Employees Group Benefits Plan Employee Health Data and GBP Response</b> Ann Fuelberg Executive Director, Employees Retirement System of Texas  Dr. Eduardo Sanchez, MD, MPH Medical Director, Blue Cross and Blue Shield Of Texas	<b>Room 1.102</b>
2:15 – 2:30 pm	<b>Break</b>	
2:30 – 3:15 pm	Concurrent Sessions 1	
	<ul style="list-style-type: none"><li>▪ <b>Evaluation of Wellness Program Impacts and Outcomes</b></li><li>▪ <b>Working Well Planning Guide – Planning, Evaluating</b></li></ul>	

**and Expanding Worksite Wellness Program**

- **Understanding and Using Blue Care Connect Wellness Features**
- **Smoking Cessation Resources for Worksites ACS Quitline and Beat the Back**
- **Mother Friendly Worksite Designation and Comprehensive Lactation Support**

3:15 – 3:30 pm      **Break**

**October 12, 2009 (Cont.)**

**Afternoon Plenary Session**

3:30 – 4:00 pm      **State Agency Wellness Program  
Impacts and Priorities**      **Room 1.102**  
Dr. Vince Fonseca, MD, MPH  
State Epidemiologist

4:00 – 5:00 pm      **Worksite Wellness Promising Practices  
Award Ceremony and Reception**      **Atrium**

**October 13, 2009**

**Morning Plenary Session**

8:45 – 9:00 am      **Welcome and Opening Remarks**      **Room 1.102**

9:00 – 9:30 am      **State Agency Leadership Perspectives  
On Worksite Wellness**      **Room 1.102**  
Susan Combs  
Texas Comptroller of Public Accounts

9:30 – 10:00 am      **Worksite Wellness Advisory Board  
Progress and Plans**      **Room 1.102**  
Rolando Roman, M.Ed.  
Chair, Worksite Wellness Advisory Board

10:00 – 10:30 am      **Worksite Wellness Barriers, Opportunities  
And Incentives**      **Room 1.102**  
Brett Spencer  
Statewide Wellness Coordinator



### **Closing Plenary Session**

2:30 – 3:15 pm	<b>State Agency Leadership Perspectives On Worksite Wellness</b> Kathy Thomas, MN, RN Executive Director, Texas Board of Nursing	<b>Room 1.102</b>
3:15 – 4:00	<b>Moving Agencies into Action</b> Todd Whitthorne CEO Cooper Concepts	<b>Room 1.102</b>
4:00 – 4:30	<b>Wrap-Up and Farewell</b> Adolfo Valadez, MD, MPH Assistant Commissioner for Prevention and Preparedness, DSHS	<b>Room 1.102</b>