



the News BRIEF

June 2009

.. cafeteria changes planned

For many years, PVW's Cafeteria operation has sustained large losses, but PVW's leadership has felt it is an important part of service to our consumers and staff. As a result it has been heavily subsidized. Though we have attempted to provide a diverse menu while keeping food costs as low as possible, we are unable to charge the prices needed to cover the food costs, utilities and consumer wages. As a result, rather than close the cafeteria operation completely, PVW is going to significantly scale back the cafeteria operation **effective July 1, 2009**. The following changes will take effect on this date:

The cafeteria will continue to employ a Job Coach and three consumers. In an effort to reduce utility costs, the menu will be scaled back significantly to avoid the use of large equipment in the kitchen. We will no longer offer hot breakfast specials or hot lunch specials. In addition, the grill menu will no longer be offered, nor will hot lunch menu items.

The new breakfast menu will consist of options such as cold cereal, donuts, pastries, yogurt and fresh fruit (in season). The new lunch menu will be reduced to one menu lunch special each day. A variety of sandwiches and salads will be offered throughout the month as per the published lunch menu. We will also continue to offer fountain drinks as well as bottled and can sodas.

We understand this will have a direct impact on the staff and consumers employed in the PVW Cafeteria as well as other consumers and staff who enjoy the variety of menu options we have historically been able to offer, however PVW must be prudent in these difficult economic times as we seek ways to cut costs without directly impacting current programming. Thank you for your understanding and flexibility as we undergo this change!

..pvw highlights

PVW is Selling on eBay!

PVW is proud and excited to be actively selling quality antiques, vintage and unique merchandise on eBay. Since the eBay store opened, PVW has sold just over \$600 worth of merchandise.

This is a great way for PVW to raise much needed dollars during these challenging economic times. The eBay store is also a great opportunity for you to support PVW by donating quality used and new merchandise which we can list and sell on eBay.



Much of the merchandise listed and sold thus far came to us through donations to PVW's Country Thrift Store. The staff and consumers employed in the store sort through the donations as they arrive and set potentially valuable items aside to be researched for value and possible listing on the PVW eBay store. Donations of merchandise for eBay have also been made by many of PVW's Board Members.

In case you're wondering what items typically sell well on eBay, here is a list of the 10 most popular things that sell well on eBay (listed in descending order - #1 being most popular):

1. Collectables - items that are rare, vintage and are in good condition
2. Memorabilia - including sports, movies, animation, television and cartoons
3. Electronics
4. Text Books - especially college text books
5. Jewelry - especially gold, silver and jewelry with gemstones
6. Disney Items - pins, collectors packs, statues, animation
7. DVD's
8. Toys - especially around the Christmas holiday.
9. Clothing and Purses - name brands such as Armani, Gucci, Coach
10. Stuffed Animals - Especially cartoon characters like Disney or Peanuts



Please help support PVW's fundraising efforts by shopping our eBay store or by donating merchandise for us to sell. If you have questions or would like more information please contact Carol Martinez at (909) 624-3555 x 243 or by e-mail at carol@pvwonline.org. Please visit PVW's eBay store on the web at <http://shop.ebay.com/merchant/pomonavalleyworkshop>

*... anthesis
autism services*

The Anthesis staff is heading to Summer School via Autism Internet Modules. According to the Center for Disease Control and Prevention (CDC), 1 in 150 Americans has an Autism Spectrum Disorder. Unfortunately there are few resources to provide parents and professionals with information that helps individuals with ASD achieve their highest potential. The Autism Internet Modules Project is designed to provide comprehensive information to increase the knowledge and skill of individuals working with or living with an individual with ASD.

Congratulations to Anthesis client, Robert M. who recently graduated from Cal State University, Fullerton. Robert received his Bachelor of Arts in Communications with an emphasis in Broadcast Journalism. Prior to graduating Robert was awarded an internship with Fox News and he is now in New York City learning the ins and outs of day to day journalism.

Anthesis provides individualized services for adults with Autism Spectrum Disorder in the areas of social skills training, communication skills training, leisure skills training, and employment skills training. Come and see what Anthesis has to offer in its warm, professional, personal, and accommodating environment. Schedule an appointment or a visit today. Call 909 624-3108.



*... 'round about
senior services*



RASS would like to congratulate Robert "Sonny" L. as consumer of the month. Sonny has been a dedicated member of the RASS Program since July 2004.

Sonny as we all call him, has faced some real challenges within the past year. Sonny fell and fractured his hip. It took Sonny some time to heal from the injury, as it often does for seniors. Sonny uses the assistance of a walker now, and had to adjust to this new device in his life, as well as adjust to his physical limitations.

When Sonny first returned to the program, he was a bit hesitant and apprehensive about going out into the community. However, Sonny has not allowed his new limitations to hold him back.

With staff encouragement and support, Sonny now goes out in the community regularly, and also lets the staff know when he needs to go out and shop, one of Sonny's favorite things to do.

RASS is so proud of Sonny and his accomplishments. He is an encouragement for all of the staff and consumers at RASS. Sonny has taken a new interest in his peers. He offers to assist them whenever he can do so. At the spry age of 74, Sonny is showing the world that if you put your mind to it, you can do anything.

... supported employment

Luis S. is this month's Supported Employment success story. Luis first participated at PVW while he was a student at the Adult Transition Academy (ATA) in Ontario. Luis received work experience performing many tasks, but he enjoyed working in the yard crew best. After his graduation from ATA in June 2008, Luis joined PVW and accepted a position on the yard crew.



Recently, Luis had an opportunity to accept a position at the City of Chino Hills performing custodial and landscape porter duties in a group placement. His job coach and city officials could not be any happier with the work Luis performs. He stays focused, he is a team player and he is always willing to perform new tasks.

Luis has had several months of perfect attendance and in May he won \$25.00 in a drawing for perfect attendance. If you ask Luis what he likes best, he would say "EVERYTHING!" PVW's Supported Employment Program would like to thank Luis for his effort and dedication and for truly being an outstanding worker.

... the social calendar



- 07/08/09 ADC/RASS Open House Tour
- 07/09/09 Job Preparation Class Transportation Trip
- 07/10/09 Job preparation Class Graduation
- 07/10/09 PVW Stars & Stripes Dance