

LINKING EMPLOYMENT, ABILITIES & POTENTIAL (LEAP)

CENTER FOR PERSONAL ASSISTANCE

Home Health Aide/Personal Assistance Training Program

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www.leapinfo.org

An employment skills training and placement program for persons with disabilities interested in working as home health aides, attendants, and personal assistants. Job matches are made based on the trainee's interests, strengths, and abilities.

PROGRAM GOAL: To train and place persons with disabilities into jobs within the home care industry.

PROGRAM DESCRIPTION: A four week, 100 hour course which meets Monday through Friday, from 9:00AM-3:00PM. Services provided include: "hands-on" classroom training, placement assistance, job coaching and on-the-job training as needed. The clinical experiences are located at Circle Vistas, an accessible apartment for people with physical disabilities.

PROGRAM ENTRANCE REQUIREMENTS: Potential participants must:

- Be able to work in one-on-one situations
- Be safe to self and others
- Be 18 years of age or older
- Be able to follow directions
- Be reliable
- Provide proof of negative Mantoux skin test, or chest x-ray indicating no active disease process within the past 6 months.
- Be able to work according to S.B. 160 standards

TRAINING OUTLINE: The classroom portion includes classroom training and practical experience in:

- Universal precautions and other safety issues
- Transfer techniques and body mechanics
- Personal care ie: giving baths, dressing, feeding, etc.
- Positioning and range of motion
- Bowel and bladder care
- Housekeeping
- Communication and Stress management
- Occupied/unoccupied bedmaking
- Abuse issues
- Documentation
- Disease/disability processes
- CPR and First Aid

Trainees identify issues impacting employment and develop means to accommodate these issues. *Training is highly individualized.*

PLACEMENT SERVICES: Staff work closely with trainees to identify strengths, abilities, preferences and accommodations needed. Placement options include: working full or part-time with home health agencies; group homes; as well as with private individuals in their home, at work, or in the community.

PLACEMENT STATISTICS: Qualified personal assistants and home health care workers are in high demand. According to local and national employment projections, jobs in this field will continue to grow. Over 50% of the individuals who enter the Attendant Training program have never worked in competitive employment. Over 85% of the Attendant Training graduates find and keep jobs in the home health care field.

2008 CLASS DATES: check the website: www.leapinfo.org for information

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