

**SHARE**  
**Hampton Roads**  
 9912 Hosier Street, Newport News, VA. 23601  
 Office: (757) 596-7188  
 Fax: (757) 595-2507

**Program Coordinator**  
 Claudette Fite

# S.H.A.R.E. Hampton Roads

Foodbank of the Virginia Peninsula

August, 2009

<u>VALUE PACKAGE</u>	<u>MEAT PACKAGE</u>	<u>BASIC FOOD BOX</u>
1.00lb. Breaded Chicken Breast 2.10lb. Roaster Chicken Drums 1.00lb. Turkey Deli Meat 1.00lb. Meat Franks 1.00lb. Ground Pork Sausage 1.00lb. Choc/Vanilla pudding cups 1.00lb. Frozen Mixed Vegetables .75lb Roast Beef Wraps 3.00lb. Potatoes 1.50lb. Onions  Packages also include 3-4 additional fruits and vegetables.	1.50lb. Boneless Chicken Breast .75lb. Sirloin Tip Fillet  1.00lb. Lean Hamburger  1.50lb. St. Louis Ribs  1.00lb. Italian Sausage	3.00lb. Smokehouse Ham 3.50lb Chicken Drum Sticks 1.00lb Bacon 4oz Seafood Snack 28oz Ground Beef <u>or</u> Salisbury Steaks 1.00lb Cut Corn 2.00lb Green Beans 2.00lb. Chicken & Wild Rice Soup 18oz Steak N Cheese Quesadillas <u>or</u> 4 Mini Pizzas 3.00lb Potatoes <u>or</u> 2lb French Fries 1.00lb Blackberries 3.00lb. Cinna Bites
<b>\$20</b>	<b>\$11</b>	<b>\$35</b>

I WOULD LIKE TO THANK ALL THE SITES FOR THE WORK YOU DO.  
 BECAUSE OF YOU THE PROGRAM CONTINUES TO GROW.  
 GREAT JOB, KEEP UP THE GOOD WORK!!!

## PACKAGES ARE SUBJECT TO CHANGE !!!

### SHARE HAMPTON ROADS PARTICIPANT ORDER FORM – August, 2009

For individual-turn in to your local Distribution Team ONLY!!!

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Please sign below to confirm you have completed two hours of volunteer service per package ordered:

HOURS COMPLETED: \_\_\_\_\_ ACTIVITY PERFORMED FOR SERVICE: \_\_\_\_\_

	Quantity	Total
Value Package	\$20 X	
Meat Package	\$11 X	
Food Box	\$35 X	

**TOTAL AMOUNT DUE:** \_\_\_\_\_

#### PLEASE DON'T FORGET

Order week is  
 August 3<sup>rd</sup> - 7<sup>th</sup>

Add on order is  
 August 10<sup>th</sup>

**CHECKS WILL BE  
 RETURNED AND ORDER  
 CANCELLED IF THERE IS  
 NO SITE # OR PHONE  
 NUMBER!!**  
 Thank You!

July  
 NO MARKET DAY

August  
 Distribution Day  
 August 22<sup>nd</sup>

Market Day  
 August 24<sup>th</sup>

CONTACT INFORMATION  
 596-7188 ext. 14  
 cfite@nnfoodbank.org

#### What is SHARE?

SHARE Hampton Roads is a community building organization that offers nutritious food packages at highly discounted rates. Each value food package is worth approximately \$35-\$40, but can be purchased through SHARE for only \$20 and two hours of volunteer service of your choice. SHARE Hampton Roads is not a government funded program, but instead relies on the help of its volunteers and the price of each food package to keep running. Every month SHARE value packages will include approximately 4-6 pounds of frozen meat, staple items such as potatoes and onions, fresh fruits and vegetables, pasta, rice or side dish item and a dessert item.

There are no qualifications to participate in SHARE! Everyone who is interested is welcome to participate without filling out forms, membership fees, or coupons!

#### Start Participating TODAY!

Would you like to order a SHARE package seen in this newsletter? To sign-up, locate your nearest Distribution Team on the inside of this menu and contact the Team Coordinator nearest you to start participating today!

**MARKET DAY PACKAGES**  
**\$10, \$11, \$20 AND \$35**

**AUGUST 24<sup>th</sup>**

**10:00AM – 12:00 PM**

**\*or until sold out\***

**Cash & EBT Food Stamps only**

**Sale located at Peninsula Foodbank**

**9912 Hosier Street**

**Newport News, VA. 23601**

**596-7188 ext. 14**

# DISTRIBUTION TEAM LISTING

## CHESAPEAKE

**23321 #2434**  
Church of St .Therese  
4137 Portsmouth Blvd.  
James Culpepper – 403-2170

**23324 #1953**  
New Mount Olive AME  
1953 Campostella Rd.  
Kimico Brown - 319-1578  
[kimico19530@aol.com](mailto:kimico19530@aol.com)

**23325 #3305**  
Oaklette UMC  
524 Oaklette Dr  
Mary Guynn-543-1735

**HAYES**  
**23072 #5440**  
New Life Ministry Center  
3450 Geo. Wash. Mem.Hwy.  
Bill Wells-804-824-7652

**HAMPTON**  
**23661 #2619**  
Living Water Christian  
2619 Kecoughtan Road  
Calvin or Lynn White-369-5583  
**23666 #3643**  
Ebenezer Baptist Church  
171 Semple Farm Road  
George Bright-826-6657

**#2700**  
New Found Joy Ministries  
2700 Build America Dr.  
Jeanette Pretlow -851-2151  
**#3649**

St. Marks Episcopal  
2235 West Queen Street  
Patricia Brown- 722-0834  
**23669 #3628**  
First Baptist North King  
229 North King Street  
Sadie Eleazer- 890-2998

**#3814**  
Fountain of Life Outreach Ministry  
3814 Shell Road  
Dolly Granger-749- 9387  
**#3667**

Queen Street Beacon  
190 West Queens Way  
Frances Perry -224-2453

**HARTFIELD**  
**23071 #3905**  
Hartfield Grafton Baptist  
Millie Hampton -804-758-2348  
[mih119@central.dss.state.va.us](mailto:mih119@central.dss.state.va.us)

**NEWPORT NEWS**  
**23601 #4400**  
Emmanuel House Inc.  
519 North Ave.  
Shelia Cook-926-4400

**23602 #1052**  
The Pittman Team  
105 Larson Ct.  
Sendry Pitman - 833-3260  
**23605 #2092**

Macedonia Baptist Church  
5500 Marshall Ave.  
Christabell Cherry -766-1800  
**23607 #8307**  
Carver Memorial Presbyterian  
830 25th Street  
Walt Darden-838-9171

**#1436**  
First Community Church  
6034 Jefferson Ave  
Kim Grimes-234-4088  
[kimgrimes@cox.net](mailto:kimgrimes@cox.net)

**#4057**  
First Church of Newport News  
2300 Wickham Ave.  
Jacqueline King-723-7252

**#3616**  
Gethsemane Baptist Church  
3509 Chestnut Ave.  
Cheryl Sanders- 218-5270

**23607 #2708**  
Office of Human Affairs  
2708 Chestnut Ave.  
Angela Peoples-244-6121

**#2208**  
Calvary Revival Church  
119 29<sup>th</sup> Street  
Lydia Millington-928-2647  
**23608 #3601**

Asbury UMC  
15616 Warwick Blvd.  
Peggy Smith-272-6116

**#1474**  
Holy Tabernacle Church  
14742 Warwick Blvd.  
Pam Clark-952-5021

**#1627**  
Colossian Baptist Church  
856 Old Fort Eustis Blvd  
Brenda Harvin-218-0952

**#6618**  
Denbigh Presbyterian Church  
302 Denbigh Blvd  
LuAnn Jusino-877-6618

**NORFOLK**  
**23504 #3306**  
NIP Mentorship Program  
830 Goff St.  
Eleanor Cannon-623-7000

**#2901**  
Calvin Presbyterian church  
2901 E. Little Creek Rd.  
Bill Mull – 858-8085

**#3512**  
Wesley Memorial UMC  
288 E. Little Creek Rd  
Jesse Pittman-407-3325  
[jhpitt@cox.net](mailto:jhpitt@cox.net)

**#3527**  
First Baptist of Lambert's Pt.  
1268 W. 38<sup>th</sup> St.  
Mae Bailey-627-0458

**#3101**  
Mount Herman Baptist  
3101 Lens Ave.  
Mattie Barner-855-7989  
[mounthermon3101@aol.com](mailto:mounthermon3101@aol.com)

**23513 #3550**  
Claudette Carson  
2322 Juniper-822-9207  
**POQUOSON**  
**23662 #3653**

St. Kateri Tekakwitha  
4 Johns Landing  
Sue Fishman-868-8958

## PORTSMOUTH

**23707 #3225**  
Urban League of Hampton Rds  
3225 High Street  
Renay Peters-627-0864

**RICHMOND**  
**23231 #4700**  
Mountain of Blessings  
4700 Oakley's Lane  
Donald Bryant-804-222-7926

**SMITHFIELD**  
**23431 #9631**  
Sandy Mount Baptist Church  
P.O. Box 930  
Walter Hamlin-869-3198

**23430 #6721**  
Pentecostal Holiness  
Church of God  
304 E. St.  
Phyllis Townsend-357-3501

**SUFFOLK**  
**23434 #3016**  
Macedonia AME Church  
127 Pine St.  
Mary Daughtry-373-2622

**VIRGINIA BEACH**  
**23455 #2156**  
Little Creek Base  
2156 Wellings Court  
Ann Music-464-1367

**23462 #2199**  
St. Andrews UMC  
717 Tucson Ave.  
Terri Walsh-471-5166  
[sharevb@yahoo.com](mailto:sharevb@yahoo.com)

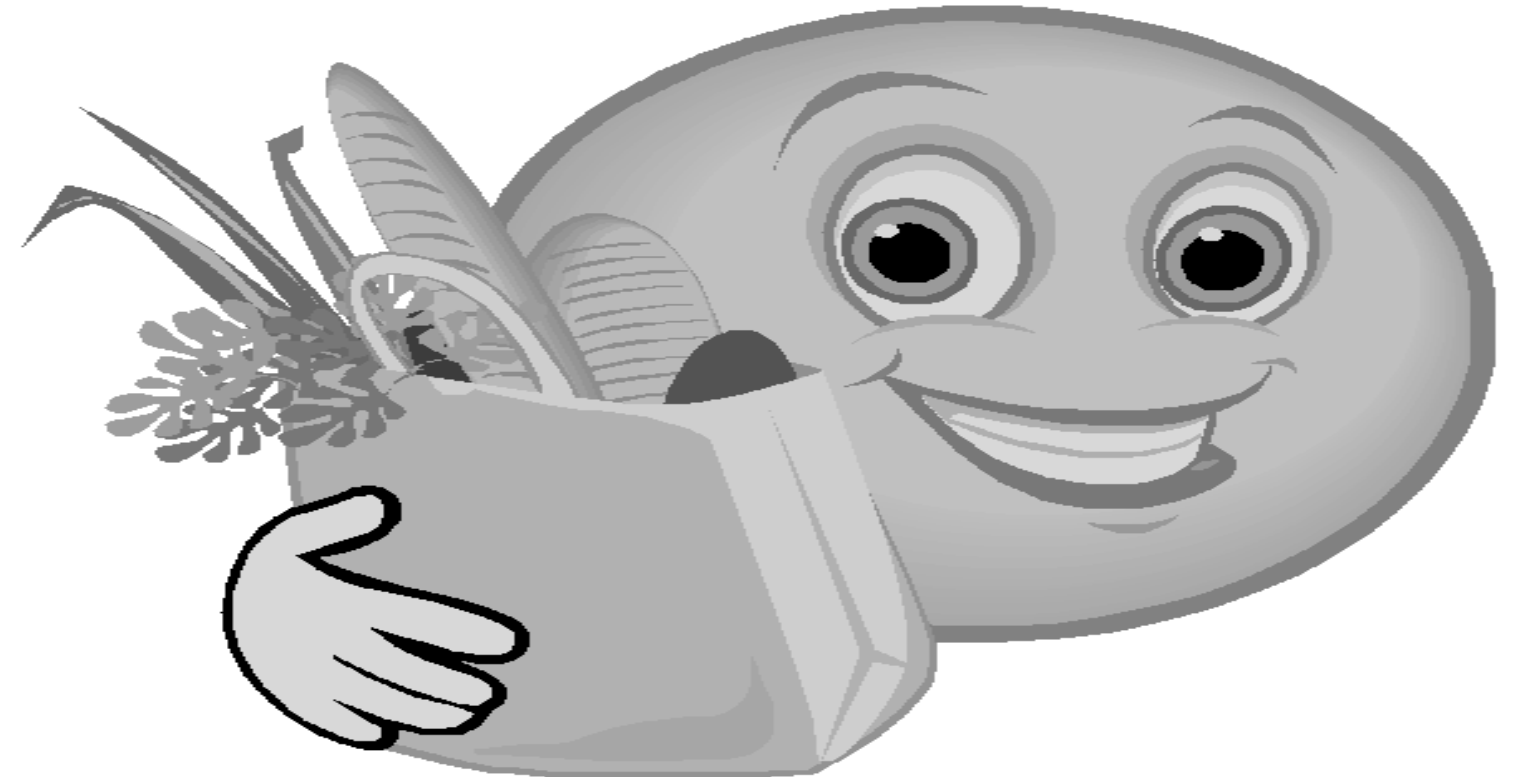
**# 2268**  
Celebrating Truth Ministries  
5295 Greenwich Rd. #10  
Genise Binns-270-2220

**#8484**  
Rebirth Ministries  
5245 Caledon  
Erika Rogers-621-8794  
**WILLIAMSBURG**  
**23188 #4401**

New Zion Baptist Church  
3991 Longhill Rd.  
Ann Marie Taylor-258-0424  
**YORKTOWN**  
**23692 #3648**

Grafton Baptist Church  
5440 Geo. Wash. Mem. Hwy.  
Faye Keenan-898-2899  
[fayekeenana@aol.com](mailto:fayekeenana@aol.com)

**23693 #3673**  
Zion Prospect Baptist Church  
408 Darby Rd.  
Geraldene Brown-369-3822



## \*GOOD EATS\*

Try some of the recipes from your July packages

### Chicken Cordon Bleu

4 Skinless, boneless Chicken Breast Halves  
¼ teaspoon salt  
1/8 teaspoon ground black pepper  
6 slices Swiss cheese  
4 slices cooked ham  
½ cup seasoned bread crumbs

Preheat oven to 350 degrees F. Coat a 7x11 inch baking dish with nonstick cooking spray.

Pound chick breasts to ¼ thickness.

Sprinkle each piece on chicken on both sides with salt and pepper. Place 1 cheese slice and 1 ham slice on top of each breast. Roll up each breast, and secure with a toothpick. Place in baking dish, and sprinkle with bread crumbs.

Bake for 30 to 35 minutes, or until chicken is no longer pink. Remove from oven, and place ½ cheese slice on top of each breast. Return to oven for 3 to 5 minutes, or until cheese has melted. Remove toothpicks, and serve immediately.

Prep Time: 10 Minutes  
Cook Time: 35 Minutes

Ready in: 45 Minutes  
Servings: 4

### Easy Blackberry Cobbler

½ cup butter  
1 cup all-purpose flour  
1 cup sugar  
1 tablespoon baking powder  
1/8 teaspoon salt  
2/3 cup milk  
1 (16 oz. package thawed blackberries)

Melt butter in a 2 quart casserole. Combine flour, sugar, baking powder salt, and milk in a small mixing bowl, mix well. Pour mixture over melted butter, do not stir. Spoon blackberries over batter; do not stir. Bake at 350 degrees for 45 minutes or until golden brown.