

Freedom House Emergency Shelter



Barrier Free Living



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New York, NY 10035

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*Oh listen...what is that
I hear the laughter of my children so
perfect, pure and clear.
No fear of leaving for school or going to
sleep — we don't have to worry about
mommy. We're all laughing, we're all
happy and there is peace.
Written by a Freedom House resident,
a mother of two*

Who We Are

Freedom House is an Emergency Shelter for survivors of domestic violence with disabilities or survivors who have children with disabilities. We are equipped to serve people with all kinds of disabilities, from physical to emotional to recovering substance abusers. We have staff fluent in English, Spanish and American Sign Language.



Isa Martinez, Director,
Freedom House
Emergency Shelter

Freedom House boasts a dynamic interdisciplinary staff of social workers, creative arts therapists, casemanagers, occupational therapists and recreation aides who are dedicated to creating a safe and accessible facility for all families.

We Offer Our Residents a Host of Tools Including:

- Safety Planning
- Stress-Reduction Groups
- Skill-Building Groups
- Legal Advocacy and Referrals
- Positive Parenting Program



Freedom House is funded through The City Of New York, Human Resources Administration.



A Freedom House Resident: Mother Courage

A young woman came to the Freedom House Emergency Shelter with her six children, finding save haven from her domestic violence situation. Despite such difficult circumstances and dealing with the upheaval of her living situations, she kept her job working at a retail store and continued to put her children first. She was up at 5 a.m. daily, taking her children to school and to the Freedom House child care center. She made 100% of all of her counseling and housing appointments, and kept her job. She has since moved into permanent housing and stays in touch with her caseworker at Freedom House. Her journey is a true inspiration.

“Freedom House offers an emergency child care center. Our balanced preschool programs bring together a multitude of activities that foster a love of learning and a positive self-image in children at every age level.”

Yenely Gomez, Director of Child Care

Freedom House Children’s Services Include:

- Individual and group counseling
- Referrals to preventative services
- Healing recreation activities for children
- Assessments



What do you like about Freedom House?

“I like that we get to be free here.”

“I love Freedom House because it’s a safe place and the people are cool.”

“I like the protection this place offers. I also like the game room.”

Responses from children living at the shelter

How To Reach Us:

Freedom House: 212-400-6470
www.fhnyc.org