

tai chi



Beginner's Tai Chi

Instructor: Linda Vucelich

5 Tuesdays

June 30, July 14, July 28,

August 11 and August 25

6:50 - 7:50 PM

No experience necessary,

every other Tuesday in the summer for a relaxed feel.

A class for beginners that will teach the fundamentals of Tai Chi including the first part of form and how it is applicable to daily living.

Fee per session: \$50+YWCA Membership (\$17/yr) with 6+ registrants

\$60 + YWCA Membership with 5 registrants

The YWCA reserves the right to cancel any program due to insufficient registration. In the event of cancellation, program fees (minus membership) will be refunded. Refunds (minus \$5 processing fee) will also be given for illness certified in writing by a physician. For a copy of the complete refund policy, contact the YWCA.

YWCA Westmoreland County

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Web Site: www.ywcawestmoreland.org

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empowering women**

ywca

-----Please Complete and Return to the YWCA-----

Beginner Tai Chi (June 30, July 14, July 28, August 11, August 25- 6:50-7:50 PM)

Name: _____ Phone: _____

Address: _____

E-Mail Address: _____

YES Please send me E-mails about upcoming YWCA events/classes **No** I do not want to receive E-mails

Indemnity Agreement: I agree to hold the YWCA, its agents, officers, and employees, harmless from any and all liability claims, judgements, damages, or injuries to my person and/or property from any participation in this activity.

Please sign and date: _____