



2009 WESTMORELAND COUNTY  
**WOMEN'S HEALTH & FITNESS AWARD**  
Presented by the YWCA & the YWCA Health & Fitness Task Force  
**RECOMMENDATION FORM**



THE YWCA HEALTH AND FITNESS COMMITTEE IS IN THE PROCESS OF REVIEWING POTENTIAL RECIPIENTS OF ITS 2009 WOMEN'S HEALTH AND FITNESS AWARD. IF YOU KNOW OF A PERSON OR ORGANIZATION THAT FITS THE FOLLOWING CRITERIA, THE COMMITTEE ENCOURAGES YOU TO SUBMIT THEIR NAME FOR CONSIDERATION. IF YOU WOULD LIKE TO DISCUSS A POTENTIAL CANDIDATE, PLEASE CONTACT THE YWCA.

**DIRECTIONS AND CRITERIA:** Any individual, organization or business within Westmoreland County that has made significant contributions to the community in the area of women's health, fitness, and/or athletics is eligible. Demonstrated leadership qualities and community service activities will also be considered. Any individual recommended must be at least 21 years of age. **ALL RECOMMENDED CANDIDATES WILL BE CONSIDERED FOR THEIR SIGNIFICANT AND/OR LONG TERM CONTRIBUTION TO WOMEN'S HEALTH AND/OR FITNESS ISSUES.**

**PLEASE ENCLOSE A CURRENT PHOTO SUITABLE FOR DISPLAY.**

**PLEASE NOTE: ONLY THE FIRST NOMINATION RECEIVED PER CANDIDATE WILL BE CONSIDERED.**

**APPLICATION DEADLINE: February 9, 2009**  
**WINNERS WILL BE ANNOUNCED: BY February 27, 2009**  
**LATE SUBMISSIONS WILL NOT BE CONSIDERED.**

Individual/Organization Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

**Please attach your recommendation in 200 words or less. You may include such information as personal background, education, awards and honors relating to health and physical fitness; efforts to promote fitness and health awareness especially for girls and women; involvement with health-related associations and professional organizations; volunteer work and other relevant community participation.**

Nominated by: \_\_\_\_\_ Phone: \_\_\_\_\_

Title: \_\_\_\_\_ Relationship to Candidate: \_\_\_\_\_

Address: \_\_\_\_\_

Signature of Person Submitting Nomination: \_\_\_\_\_

**Send completed application to:**

**Westmoreland Sportswomen of the Year Awards Program**  
**YWCA of Westmoreland County, 424 N. Main Street, Greensburg PA, 15601**  
**Phone: 724 834-9390 / E-Mail: [Info@ywcawestmoreland.org](mailto:Info@ywcawestmoreland.org)**  
**Visit Us on the Web: [www.ywcawestmoreland.org](http://www.ywcawestmoreland.org)**