

From: Quad-City Labyrinth Project
To: cattfoy@earthlink.net
Date: 6/3/2007 5:34:27 PM
Subject: Take a stroll for body, mind and soul

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QCLP Circuits - June 3, 2007

Upcoming Events

- [Marketing Team Meeting](#)
- [QCLP Board Meeting](#)
- [QCLP Catfish Fry](#)
- [Quest for True Self: The Seeker Archetype](#)
- [Pathways Book Group](#)
- [Healthy Living Fair and Garden Party](#)
- [World Peace Walk](#)
- [Annual Board Meeting & Retreat](#)
- [Volunteer Opportunities](#)

Dear Catt,

Join us for these upcoming labyrinth activities!

Volunteers interested in joining the Marketing and PR team are invited to attend a team meeting on Thursday, June 7, 2007 at 1 p.m. at the Union Arcade Building on the Mezzanine. Our monthly meeting of the Board of Directors will be held the same day and location at 6:30 p.m.

On Friday evening, June 8, join the entire QCLP community as we take a drive to Princeton, Iowa, for dinner, then on to DeWitt to walk a labyrinth.

Saturday brings a labyrinth workshop from noon - 4 p.m., and our Pathways Book Club meets on Monday, the 11th.

DON'T FORGET TO REGISTER FOR THE WORKSHOP BY MONDAY, JUNE 4 AT 5 PM!

Father's Day weekend will find us at the Healthy Living Fair at the Quad City Botanical Center, and on Thursday, June 21, we will walk a summer solstice labyrinth at the Unity Church in Moline. The month closes out with our annual board retreat. See below for details on all these events.

If you aren't yet a Member of Quad-City Labyrinth Project, we invite you to do so and enjoy the many benefits of membership! At just \$35 annually, you'll receive discounts on workshops and classes, our newsletter, invitations to members-only events and access to our members-only section of the Web site. Together we can grow the mission of bringing peace in ourselves and our

community through the labyrinth!

Peaceful pathways,

Pat McLaughlin, Executive Director

Marketing Team Meeting

Volunteers encouraged to attend.

Help promote the worldwide labyrinth project in the Quad-Cities!

Where & When

Union Arcade Building
111 W. 3rd Street
Mezzanine Level
Meeting Room
Davenport, IA

Current and potential volunteers are reminded of our Marketing and Public Relations team meeting to be held this Thursday, June 7, 2007 at 1 p.m. at the Union Arcade Building, 111 E. Third Street, Davenport, Iowa, in the Mezzanine level meeting room.

We will be planning a marketing strategy for the QCLP for the coming summer months. Creative individuals are encouraged to attend!

June 7, 2007
1-2 PM

[Learn more here!](#)

QCLP Board Meeting

Monthly meeting

All members, volunteers, and interested parties are invited to attend.

Where & When

Union Arcade Building
111 E. Third Street
On the Mezzanine
Davenport, IA 52801

Quad-City Labyrinth Project Board members and team leaders will meet to present monthly reports, outline upcoming goals, and make plans and decisions.

Open to all members, volunteers and interested parties.

Thursday, June 7
6:30 - 8:00 PM

[Leadership positions open.](#)

QCLP Catfish Fry

Fun, food and labyrinth walk.

An invitation to all members, volunteers, leaders, and board members.

Where & When

Kernan's Riverview
333 River Drive
Princeton, IA

Join us for a catfish fry and labyrinth walk. Meet us at Kernan's Riverview Restaurant in Princeton, Iowa, at 5:30 PM or meet at the Union Arcade Building at 4:45 PM to carpool for a 5 PM departure. Kernan's is a beautiful riverview restaurant with a wide variety of menu selections so you're not limited to catfish.

Friday, June 8, 2007
5-8 PM

We will drive upriver on River Drive to the restaurant for dinner. Individuals are responsible for their own dining costs. After dinner, we

will drive north to U.S. Route 30, then west to DeWitt, where we will walk the labyrinth at the First Congregational United Church of Christ.

The 11-circuit Chartres outdoor grass labyrinth is located at the Church at 520 E. 11th Street, DeWitt, Iowa.

Please RSVP [to qclabyrinth@aol.com](mailto:qclabyrinth@aol.com).

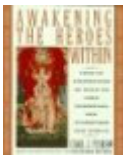
[View a map to Kernan's here.](#)

Kernan's Riverview Restaurant

Quest for True Self: The Seeker Archetype ---

A Labyrinth Workshop with Pat McLaughlin

Join us in this one of twelve archetypal explorations on the labyrinth.



Join us on the path of self-discovery as we encounter the Seeker, one of twelve archetypal patterns that guide our inner development and assist us on our quest for wholeness and fulfillment. Exercises will include:

- Self-scoring on the Heroic Myth Index
- Journaling to help us understand our inner Seeker
- Embarking on a heroic journey on the labyrinth

Where & When

Union Arcade Building
111 E. Third Street
On the Mezzanine
Davenport, IA, 52801

Saturday, June 9, 2007
Noon - 4 PM

This is the fifth in a series of twelve workshops based on the book *Awakening the Heroes Within* by Carol Pearson. Instruction includes an introduction to the twelve archetypal guides and the nature of the heroic journey.

It is NOT necessary to have taken any of the previous Quest for True Self workshops. Each workshop is an independent experience focusing on a specific archetype.

Bring a bottle of water, your journal, and your favorite writing instrument. Pearson's book may be purchased at the workshop, or by clicking on the links above and below.

Pre-registration deadline: Monday, June 4, 2007 by 5 PM.

Workshop Price: \$50.00.

Volunteers can apply volunteer credits toward the purchase of this workshop. Email qclabyrinth@aol.com to register.

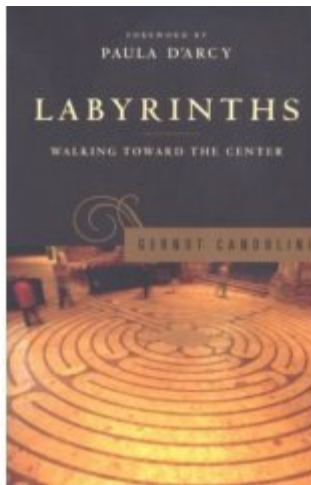
Order a copy of the book [here](#).

[Click here to register for this workshop](#)

Pathways Book Group ---

Book Discussion

A place for labyrinth enthusiasts to share books from the emerging field of labyrinth-related endeavor.



Where & When

Borders Books, Music
& Cafe
4000 E. 53rd Street
Davenport, IA

Monday, June 11,
2007
7-8:30 PM

We will be discussing *Labyrinths: Walking Toward the Center* by Geno Candolini. Lauren Artress insists "this one is a must-read for the [labyrinth] enthusiast." Come join us even if you haven't read the book - discussions are lively and may make it more fun to read the book afterward!

Our book selection for next month (July) will be *Walking a Sacred Path: Rediscovering the Labyrinth as a Spiritual Practice* by labyrinth expert and icon, Lauren Artress.

Order July's book [HERE](#).

There will be at least one book available at each discussion for purchase.

Cost: Free!

Pathways Book Group meets at 7 PM on the second Monday of every month in the southwest corner of the reading lounge of Borders Books, Music & Cafe.

[Order June's book here.](#)

Healthy Living Fair and Garden Party Preview Night, Labyrinth Walk & Information Booth

***Presented by the Quad City Botanical Center & Radish magazine. Preview Party - \$25.
Saturday & Sunday Healthy Living Fair - Free.***



Where & When

Quad City Botanical
Center
2525 4th Avenue
Rock Island, IL 61201

Friday, June 15, 2007,
6-11 PM
Saturday & Sunday,
June 16-17, 2007, 9
AM-4 PM

Attend the Friday evening party, and help support the work of the Quad City Botanical Center. Music and gourmet food, a silent auction, and labyrinth walk make a delightful celebration of QCBC and the Quad-City Labyrinth Project!

Saturday and Sunday offer a free community event on healthy living and sustainability. Featured will be a dual-path, 3-circuit Newgrange pattern labyrinth created with flowers. Stop by the booth for free finger labyrinths and our Events Calendar.

Some volunteers are still needed for Saturday and Sunday to staff our booth. Email [Helen Shoulders](#), Volunteer Coordinator, or [Pat McLaughlin](#). Or call us at 323-1737.

Radish Magazine

World Peace Walk

Summer Solstice Labyrinth Walk at Unity Church in Moline

Come take an evening stroll for body, mind and soul at summer solstice sunset.

Where & When

Unity Church of
Christianity
5102 47th Avenue
Moline, IL 61265

Thursday, June 21,
2007
6-9 PM

We'll be walking the outdoor labyrinth at the Unity Church, surrounded by candalaria as we watch the sunset on this summer's solstice.

Families are welcome to walk between 6 and 7 PM. Adults are also welcome during this time if they are not disturbed by playful activity on or around the labyrinth.

For those who prefer a quieter environment, we have designated the hours of 7-9 PM as contemplative time.

Cost: [Donations joyfully accepted.](#)

Unity Church of Christianity, Moline

Annual Board Meeting & Retreat

Labyrinth Project Strategic Planning

All volunteers, QCLP members and interested parties are invited to attend the open board meeting Saturday, June 30th from 1-3 PM, and a labyrinth walk at 3 PM.

Where & When

Unity Church of
Christianity
5102 47th Avenue
Moline, IL 61265

Friday & Saturday,
June 29-30, 2007
Friday 6-9 PM,
Saturday 8 AM - 6 PM

Board members meet Friday evening to review our work in the past year.

Saturday morning, continental breakfast will be served beginning at 8 AM. Board members will meet from 9 AM to noon to establish and discuss future development plans.

Lunch will be served from noon - 1 PM.

OPEN MEETING SATURDAY 1-3 PM. Open to all members, volunteers, and interested parties. Input and comments welcome.

Labyrinth Walk, 3 PM. Open to all members, volunteers and interested parties.

Board members will meet again from 3:30 - 5 PM for final discussion.

Dinner will be served at 5 PM.

If you are interested in becoming a board member or committee leader, please visit our Leadership Page listed below.

Board Members please RSVP by emailing qclabyrinth@aol.com.

QCLP Leadership Positions Open

Volunteer Opportunities

Come help us promote the worldwide labyrinth movement in the Quad Cities!

Volunteers are needed in all areas of our endeavor.

Quad City Labyrinth Project

111 E. Third Street
Suite 306
Davenport, Iowa 52801

The QCLP is in need of volunteers willing to set and staff a labyrinth and booth at the Sustainable Lifestyle Fair in Oregon, Illinois in August.

We are always happy to have volunteers for any event, project, or team. Join our Outreach team to help organize events in the community. Our Creative Programming team develops and presents classes, lectures, and workshops. Our Marketing & PR team develop informational materials, press releases, and advertisements. The Development Team helps raise funds to support our ongoing work. Our Office Team helps manage paperwork and communications. Bring your skills to any area of interest!

[Visit our Volunteer page](#)

Quad-City Labyrinth Project

111 E. Third Street
Suite 306
Davenport, Iowa 52801

(563) 323-1737
qclabyrinth@aol.com
<http://www.qclabyrinth.org>

Quad-City Labyrinth Project is dedicated to educating the public about the benefits of using labyrinths for physical, mental, emotional, and spiritual well-being for people of all walks of life and all paths of faith.

Members Only!

QCL Members: Receive \$10 off a workshop during the month of June!

[Become a QCLP Member!](#)

June 30 2007

Join Now for an Entry in our Gift Drawing

New members who join in June will be entered in our drawing to receive a special labyrinth gift to be announced in the next issue of *Circuits*.

[Become a QCLP Member Today!](#)

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