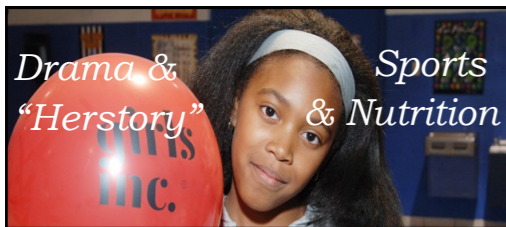




Since 1967, Girls Incorporated of San Diego County has offered gender-specific educational programs for girls, ages 6-18.



Each two week camp includes swimming & camp-specific local field trips. The camp is designed for girls to rotate between all three sessions with a follow up week of Celebration and more extensive group field trips.



Our camps are staffed by well trained professional Girls Inc. staff, who inspire all girls to be Strong, Smart, & Bold!

For camp details or info:
Phone: 760.643.4067
Website: www.girlsincsd.org
E-mail: stacey@girlsincsd.org

Where: Thanks to the generosity of the Mission San Luis Rey, girls will have the opportunity to explore three different camp sessions in one of the most beautiful, unique, and historic places in San Diego County.

What: These sessions take girls through three different adventures: athletics and healthy living, the past roles of women in local history and environmental leadership.

When: 9 a.m. - 3 p.m. (ext. hrs. avail.)

How Much: \$250 per two week session includes daily hot lunch and trips. Week 7 is \$125 or **FREE** when you pay for all 6 weeks in advance. (20% discount for each add. child)

Counselor in Training: \$50 per week includes daily hot lunch, trips, and leadership training courses everyday.

Junior Staff: No charge. A trained volunteer position.

Financial aid avail. to limited number of parents through work venture program.

Exciting New 2009 Summer Day Camp At Mission San Luis Rey



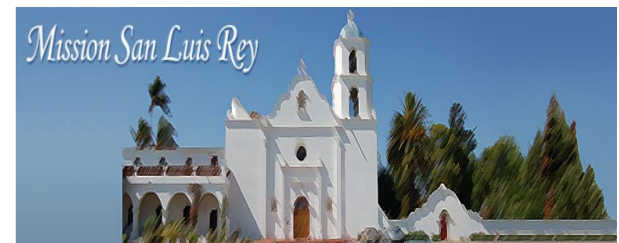
Girls Incorporated of San Diego County
400 S. Melrose #110
Vista, CA 92081



The Place To Be...
Strong, Smart & Bold
Summer Camp 2009

**Explorer Day
Camp
June 15-July 31**

*For girls ages 6-12 & siblings
Counselor In Training ages 13-14
Junior Staff ages 15-18*



REGISTRATION

Detach & return with \$50 one-time registration per girl (includes camp shirt & 1 yr. Girls Inc. membership:) to:

Girls Inc. of San Diego County
400 S, Melrose #110
Vista, CA 92081

Girls Name: _____ Age _____

Girls Name: _____ Age _____

Sibling Name: _____ Age _____

Phone (____) _____ Email: _____

Address: _____

City: _____ Zip: _____

Girls Inc. member already? yes no

Check the sessions child will attend:

Week 1 & 2 = June 15 - 26 _____

Weeks 3 & 4 = June 29 - July 10 _____

Weeks 5 & 6 = July 13 - July 24 _____

Week 7* = July 27-31* _____

*EXPLORER CELEBRATION (only avail. if attended at least 1 prior 2 week session)

I will need extended care from:

7 a.m. - 9 a.m. 3 p.m. - 5 p.m.

Checks or credit card accepted

STRONG...

Adventure Sports and Nutrition Camp (2 weeks)

AGES 6-8: JUNE 15-26

AGES 9-10: JUNE 29-JULY 10

AGES 11-12: JULY 13-24

This is your child's antidote to a couch potato summer! Join us as we make and find adventure.

- Hike, run, climb, swim, and engage in various sports activities
- Learning how to eat healthy and care for a growing body
- Join a youth adventure team & learning how to work together when encountering challenges
- Develop detective skills in a city scavenger hunt and urban adventure

All skill and ability levels are welcome to engage their heart, mind, and body in this fun, healthy program!

...DISCOVER YOUR STRENGTH!

SMART...

Wild Women of the West: "Her-story" (2 weeks)

AGES 6-8: JUNE 29-JULY 10

AGES 9-10: JULY 13-24

AGES 11-12: JUNE 15-26

Investigate the lives and experiences of those not often heard of in our local history — the women. Explorations into the past will show how life was challenging for women.

- Learn about native plants and their uses, and how to cook from scratch
- Create art, take history hikes, make your own real basket and adobe bricks
- Hear the historic ghost stories and myths of California history
- Create and display your own museum exhibit

Take away a healthy respect for those who have gone before us. It's all part of this two week adventure. Your child will surely get to be "professor" for the day with Wild Women of the West!

....GET INSPIRED!

BOLD...

Eco-Girls Environmental Leadership Camp (2 weeks)

AGES 6-8: JULY 13-24

AGES 9-10: JUNE 15-26

AGES 11-12: JUNE 29-JULY 10

Your child will enjoy this inspirational and forward thinking program...a true opportunity for to discover their own vision for a sustainable, earth friendly world. They'll become leaders on the local scene and even teach adults.

- Fun field trips to local resources that experiment with alternative transportation
- Learn about local green building examples and ecology
- Enjoy solar cooking and learn how to be clean and green
- Develop knowledge of resources and connections to care for the earth
- Hands-on environmental projects and water conservation
- Celebrate the Earth-caring ways of different cultures and even explore eco-fashion!

..BE BOLD IN THE WORLD!