

## About girlFRIENDS...

GirlFRIENDS is designed not only to support the Girls Incorporated mission of inspiring girls all over San Diego County to be strong, smart and bold, but also strives to offer young professional women the opportunity to connect with peers by way of friendship and common goals.

Through fundraising, organized activities, events with local youth and associations with like-minded individuals, we strive to impact girls in a positive way while simultaneously providing an association to support the endeavors of dedicated and successful women in San Diego County.



*A woman is the full circle. Within her is the power to create, nurture and transform.*

-Diane Mariechild

Girls Incorporated of San Diego County  
c/o girlFRIENDS  
400 S. Melrose Dr. Suite 110  
Vista, CA 92081  
www.girlsincsd.org



## Supporting the girls of San Diego County...

# girlFRIENDS



**...a social group for young professional women in support of Girls Incorporated of San Diego County!**

Inspiring girls to be strong,  
smart and bold!

Phone: (760) 643-4067  
Web site: [www.girlsincsd.org](http://www.girlsincsd.org)





## A Little More about Girls Incorporated...

Girls Incorporated of San Diego County is an affiliate of the National Girls Incorporated; a nonprofit organization formed in 1864.

Girls Inc. programs are designed to be hands-on, interactive, and encourage girls to take healthy risks and gain a sense of personal power and strength. Through innovative programs, activities, and advocacy workshops, Girls Inc. truly inspires all girls to be strong, smart, and bold!



## Why girIFRIENDS?...

GirIFRIENDS offers a unique opportunity to meet young professional women in San Diego County that have a similar philanthropic component to their lives. Inspired by women like you, girIFRIENDS is designed to connect dedicated and successful local women and their girlfriends. Its mission is to promote female friendship, involving women who *personally* want to make a difference in a girl's life. Below are some of the goals and activities of girIFRIENDS...

### Social Activities

GirIFRIENDS members meet monthly for happy hours and other social events to connect and engage with likeminded individuals.

### Fundraising for Girls Incorporated

Through events such as "Girls Night Out" and other local opportunities, the girIFRIENDS will fundraise within San Diego County to support the city's local Girls Incorporated chapter.

### Connecting With Girls

Interested members have the unique opportunity to have fun with Girls Incorporated girls by participating in a variety of recreational and educational interactive activities.

### Informational Workshops

GirIFRIENDS will host and attend workshops related to members' interests and goals. Topics will include health, professional development and a variety of educational seminars to enrich personal awareness.

Need more information? How would you like to be involved?

*Please indicate interest:*

- I want to join girIFRIENDS! Please send me an application (or visit [www.girlsincsd.org](http://www.girlsincsd.org) to download one!)
- My company would like to support girIFRIENDS! Let me know how!
- I would like to know more about Girls Incorporated programs!
- I want to donate to girIFRIENDS today! (If so, please provide donation information below)

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Payment type *(If you indicated interest in making a donation, please fill out the following. Thank you for your support!)*

- Check (payable to: Girls Incorporated® of San Diego County)
- Money order
- Credit card  Mastercard  Visa

Credit Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

