

Directions and More:

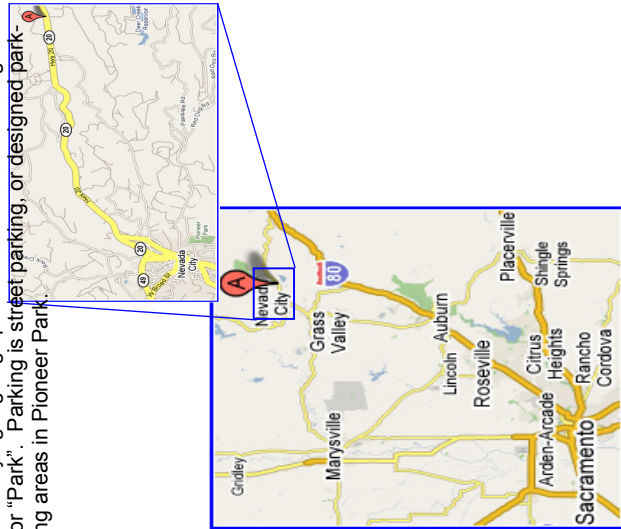
Nevada City is located at the 2,500 foot elevation on the forested western slope of the Sierra Nevada. Venue is staged under tall pine tree canopy, and challenging terrain from beginners to intermediate riders.

Nevada City is home of the **Nevada City Classic** event, one of the premier sporting events in the Sierra foothills, the largest and second longest running bike race on the West Coast, and the second oldest race in the nation.

From Sacramento, it's a one-hour drive on eastbound I-80, and then 30 minutes northbound Highway 49. At junction of Highway 20/49, continue East on Highway 20 (towards I-80-Reno) for 4 miles. Exit on Sacramento St. Stop at stop sign, drive pass Chevron gas station and turn right on Clay St. Stay right going uphill to "Y". Follow brown signs for "Park". Parking is street parking, or designated parking areas in Pioneer Park.

From Reno, Nevada City is 90 minutes westbound I-80 and Highway 20. Continue driving on Highway 20 for about 30 minutes, and take off-ramp at Nevada City exit. Parking is in designated areas.

From Marysville, it's a 30 minute drive on Highway 20 to Grass Valley. At junction of Highway 20/49, stay in left turn lane to turn onto Highway 49 (to Nevada City) Stay on Highway 20/49 (towards I-80-Reno) for about 10 minutes. Exit on Sacramento St. Stop at stop sign, drive pass Chevron gas station and turn right on Clay St. Stay right going uphill to "Y". Follow brown signs for "Park". Parking is street parking, or designated parking areas in Pioneer Park.



2009 Family Bike Fest

This is a fund raiser to support youth programs such as school bike programs, mentoring, etc.

Ride Choices: Welcome to the foothills for non-flat riding. Beginner or intermediate levels. See map.

Old Downieville Ride: This is a beginners ride, with some hills. It is a gentle ride from Pioneer Park, route takes rider by the famous Trolley Junction Hotel, famous for trolley car dining, train ride, and historical heritage. Ride continues on shady north side of American Hill and above Deer Creek for a cool and shady ride. Drinks and snack at intersection of Old Downieville and HWY49. (7 Miles)

Newtown Ride: This is an intermediate ride. Follows Old Downieville, then a short ride on HWY 49 to Newtown Road, a more countryside view of Nevada County. Drinks and snack at Empress Rd. and Britney Springs intersection. (15 Miles)

Speakers:

Peggy Smith, a parent's story of twin boys, the why "YBONC Foundation was founded.

Jason Moeschler, 3x Downieville All Mtn Pro winner. 1997 Jr. Nat'l Champ., 3x US Nat'l. Team member.

Carole Carson, author of "Fat2Fit" book, her story on changing her lifestyle to get fit, a national challenge at arpp.org.

Chris McGovern, former Pro Cyclist, Road, Mountain and Cyclocross racer.

Mail a Registration Form To:

2009 Youth Bike Fest
221 Boulder St,
Nevada City, CA 95959

Questions/Info send email to: yboncdfh@gmail.com
Bike Swap Space/Info send email to: ncbikeswap@gmail.com

For Accommodations: <http://www.nevadacitychamber.com>
<http://www.grassvalleychamber.com>

For Internet Map: <http://mapper.acme.com>
(Address Search: 425 Nimrod St., Nevada City, CA)

Checks payable to: YBONC Foundation

Youth Bicyclists of Nevada County Foundation & Big Brothers Big Sisters presents

2009 Family Bike Fest

Saturday June 20

Schedule

- 2-3pm: Registration, Bike Fodex, Safety Check, Bike Swap 12:00pm-1:00pm
- 3-4pm: 2 Bike Routes from Pioneer Park
- 4-5pm: Hydrate Hour, HoHoHo & Silent Auction
- 5-6pm: Dinner
- 6-7pm: Speakers: Peggy Smith, Jason Moeschler, Carole Carson, Chris McGovern

Seaman's Lodge at Pioneer Park, Nevada City

Proceeds go to Youth Programs

REGISTRATION DEADLINE JUNE 12, 5pm

Dinner Menu:

- Garlic Bread
- Fresh Green Salad
- Pasta Salad
- Summer Cole Slaw
- Fresh Fruit Salad
- Jello Surprise
- Saute Fresh Seasonal Veggies
- Entree(s) Choices:
 - Balsamic Glazed Chicken
 - Lemon Garlic Pulled Pork
 - Vegetarian Lasagna
- Dessert:
 - Cheese Cake w/ Strawberries

Location:

Seaman's Lodge at Pioneer Park
425 Nimrod
Nevada City, California

2009 FAMILY BIKE FEST EVENT REGISTRATION FORM

Ride Registration Form (One Form per Participant)

Mail signed waiver, check and mail to **2009 Family Bike Fest**
Check payable to: **YBONC Foundation**
Registration Deadline: **06/12/2009**
221 Boulder St.
Nevada City, CA 95959

1 Rider Personal Details:

First Name: _____

Last Name: _____

Age: _____

Parent's Name(if under age 18): _____

Email (Important): _____

Phone No: (_____) _____

Cell No: (_____) _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Emergency Contact Name: _____

Emergency Contact Phone No: (_____) _____

All riders are required to wear helmet, bring water bottle.

2 Selections (mark "X" in box):

\$10 Adult, \$5 12-18 y.o. Newtown Ride, 7 Miles

\$10 Adult, \$5 12-18 y.o. Old Downieville Ride, 15 Miles

\$15 T-Shirt Size (circle): XS S M L XL Qty: _____

\$30 Adult, \$15 12-18 y.o., \$5 under 12 y.o. Dinner / Speaker

3 Payment:

\$ _____ Due Registration Fee(s)

\$ _____ T-Shirt Order

\$ _____ Dinner / Speaker Program

\$ _____ Total (Check Payable to: YBONC Foundation)

For Accommodations:

<http://www.nevadacitychamber.com>
<http://www.grassvalleychamber.com>

For Internet Map:

<http://mapper.acme.com>

Search for address: 425 Nimrod St., Nevada City, CA

For Questions, email: yboncfdn@gmail.com, or call(530)478-6292.

For Bike Swap space/info, email: ncbikeswap@gmail.com

5 All Riders, Read and Sign Waiver:

ASSUMPTION OF RISK, WAIVER OF LIABILITY, CONDITIONS OF PARTICIPATION AND HOLD HARMLESS AGREEMENT

NOTICE: This entry and release form is a contract with legal consequences. Read it carefully before signing. In consideration of my being accepted as a participant in this event, I agree and acknowledge the following:

I acknowledge that cycling is an inherently dangerous sport and fully realize the dangers of participating in this bicycle event, and I fully assume all the risks associated with such participation. I understand these risks include, by way of example and not limitation, collision with pedestrians, spectators, vehicles, other riders, and fixed or moving objects; the dangers arising from surface hazards, equipment failure, inadequate safety equipment, and weather conditions; property damage or loss; the dangers of traveling to and from cycling events; and the possibility of serious physical and/or mental trauma or injury associated with athletic cycling participation.

I pledge to participate in this event in a safe, responsible manner, obeying all laws, civil and traffic and operate my bicycle with the utmost degree of care. I understand that I can be held liable for all injuries and property damage that I cause.

I waive, release and forever discharge for myself, my heirs, executors, administrators, legal representatives, assignees, and successors in interest (collectively referred to as "successors"), any and all rights and claim, including those for negligence, which I have or which may accrue to me against Youth Bicyclists of Nevada County (YBONC) Foundation and Big Brothers/Big Sisters organizations, and their members, agents, representatives, sponsors, State of California, County of Nevada County, as well as government entities and private landowners whose property or jurisdiction is involved in these events, successors or assigns (hereinafter collectively referred to as "Family Bike Fest") for any and all damages which may be sustained by me directly or indirectly in connection with, or arising out of, my participation in this cycling event, including travel. I agree it is my sole responsibility to be familiar with the event conditions and rules, the course, and any special regulations for the event. I understand and agree that situations may arise during this cycling event which may be beyond the immediate control of Family Bike Fest, and I must continually ride so as to neither endanger myself or others. I accept sole responsibility for conditions and adequacy of my riding equipment. I will ride wearing an ANSI approved bicycling helmet that can protect against serious head injury, and assume all responsibility and liability for the selection of said helmet. I have no physical or mental condition, which to my knowledge, would endanger myself or others if I participate in the cycling event. I am physically able to participate in the event for which I have registered.


I agree, for myself and my successors, that the above representations and agreements are contractually binding, and agree to hold harmless Family Bike Fest. Should I or my successors assert any claim in contravention of this agreement, I or my successors shall be liable for the expenses (including legal fees) incurred by Family Bike Fest in defending, unless Family Bike Fest is finally adjudged liable on such claim for willful or wanton negligence. This agreement may not be modified orally. In addition, on occasion there may be photographs taken of me participating in this event either specifically, or incidentally. I acknowledge that, and permit all images of me can be used for promotional and advertising purposes for YBONC and Big Bros/Big Sisters, and YBONC and Big Bros/Big Sisters events for no consideration.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS AN ASSUMPTION OF RISK, WAIVER OR LIABILITY, AND HOLD HARMLESS AGREEMENT, AND THAT IT FORMS A CONTRACT BETWEEN MYSELF AND THE YOUTH BICYCLISTS OF NEVADA COUNTY FOUNDATION AND BIG BROTHERS/BIG SISTERS, AND I SIGN OF MY OWN FREE WILL. I UNDERSTAND THAT THE EVENT WILL TAKE PLACE RAIN OR SHINE AND IS SUBJECT TO THE RULES AND REGULATIONS POSTED ON THE 2009 FAMILY BIKE FEST REGISTRATION FORM, AND THAT NO REFUNDS WILL BE MADE FOR ANY REASON WHATSOEVER.

PRINT PARTICIPANT'S NAME _____ SIGNATURE _____ DATE _____

PRINT PARTICIPANT'S PARENT'S SIGNATURE _____ DATE _____
NAME (IF UNDER 18 Y.O.)

2009 Family Bike Fest - Bike Ride Map (Approx. 1 Hour):

-  Old Downieville Ride (7 Mi., Beginners, Shady/Little Climbing)
-  Newtown Ride (15 Mi., Intermediate, Climbing)
-  Start/Finish (Seaman's Lodge at Pioneer Park, Nevada City)
-  Rest Stop 1, Rest Stop 2 (Drinks, Snack)

* All riders are REQUIRED to wear helmets.

(Look for laminated "BIKE" signs posted along the bike route.)

